

WOW!

Warriors of Wellbeing
CAMP

Proudly
hosted by



Herts & West Essex
Mental Health Support Teams



The Mental Health Support Team of East Herts in connection with Forest School is excited to announce our 2025 Warriors of Wellbeing (WoW) Camp!

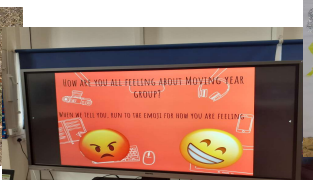
The WoW camp aims to support children and young people aged 8-12 in the East Herts area to:

- . Improve emotional literacy
- . Understand the importance of Mental Health & Wellbeing
- . Promote positive wellbeing through fun filled, education activities



Your child will experience

- . Meeting new people
- . Access to qualified mental Health and wellbeing practitioners
- . Wellbeing workshops
- . Arts, Crafts, games, Forest School & more.....



When?
Where?

4th – 8th August 2025 10.00m – 3.00 pm each day

Simon Balle All -Through School

Mangrove Road, Hertford, SG13 8AJ

Register your interest by 30th June

<https://forms.office.com/e/56U5zBsxmi>



WoW CAMP is a free event provided by the NHS. This is not a childcare facility. All attendance is recorded on your child's NHS record. For further information please use the link provided.

