

THIS IS ME!

BE
INCLUDED



Parent or carer?

Have a child with an education health care plan or currently considering a education, health care plan request?

These briefings are for you.



'This is Me' is the new form to support children and young people in telling their story. What they write, draw or present will be included in their Educational and health care needs request and annual review.



'This is Me' and the guidance notes have been coproduced with children and young people. They have tested it and are now ready to share for others to use. The aim is simple, to tell the child's story, in whatever way they can.

*SENDIASS, Educational health care coordinators, SENDCOs, Schools and others will receive training soon. **But first we would like parents and carers to learn more. Please join us at one of these online events.***



Friday the 17th May 10am to 11am [Join the meeting now](#) Meeting ID: 347 120 146 180 Passcode: TmxrqW



Wednesday 22nd May 6pm to 7pm [Join the meeting now](#) Meeting ID: 397 771 075 256 Passcode: G7Rjsb



Thursday 23rd May 1pm to 2pm [Join the meeting now](#) Meeting ID: 361 293 340 695 Passcode: qu9U32

If you can not join any of these meetings but would like to receive a recording please email sarah.stevens2@hertfordshire.gov.uk . These will be sent on 30th May 2024.

(Please note this email is for these meetings only and I can not advise or support with individual EHCP requests)

Understanding my Autism/ADHD

Do you have a child aged between 7-16 diagnosed with Autism, ADHD, or both?

We're thrilled to launch a range of exciting offers designed to support children and teens just like yours!



These workshops, are available online and in-person. Led by experienced professionals, sessions will provide tailored strategies to help your young person understand their Autism, and or ADHD, in a fun and engaging way!

Referrals from professionals are welcome, or you can easily sign up your child yourself.

Are you ready to empower your child on their journey of self-discovery?



Find out more here:



 thetoolbox.mindler.co.uk



Parenting SEN children when separated online programme



A 6-session programme, specifically tailored to help separated parents navigate the complexities of co-parenting and provide the best possible support for their SEND child. This is a valuable opportunity to enhance co-parenting skills, support children's development and build a strong foundation for the future.

Who should attend?

- Separated parents raising children with SEND.
- Parents seeking guidance, support, and strategies for co-parenting SEN children more consistently.
- Parents wanting to create a positive and supportive environment for their child's development.



These courses will be delivered by MS Teams over 6 sessions, on the following dates:

- Tuesday 4, 11, 18, 25 June & 2, 9 July
Daytime: 9.30 – 11.30
- Wednesday 5, 12, 19, 26 June & 3, 10 July
Evening: 7pm – 9pm



For more information or to make a referral, scan the QR code, email services@familylives.org.uk or call 0204 522 8700 or 0204 522 8699

SCAN ME



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