

## Essex Outdoors Bradwell Kit List

### Clothes and Shoes

- Nightwear / Pyjamas (if camping, it can get cold at night)
- Underwear and socks
- Trousers / leggings for activities (not jeans)
- Shorts (summer groups)
- 1 pair of trainers for activities
- 1 pair of shoes for water sports (preferably old trainers)
- Pair of dry shoes for evening activities
- Fleeeces / sweatshirts for activities
- Long sleeved shirt/t-shirts (for activities where arms need to be covered)
- T-shirts
- Sets of clothes for the evening
- Baseball hat / sun hat if warm, warm hat and gloves if cold
- Waterproof jacket / cagoule & trousers
- Warm coat or similar
- Wellington / waterproof walking boots (optional, winter groups)
- Swimwear (for some water based activities)

### Other Items

- Sleeping bag or duvet and pillow
- Single Bottom Sheet (Residential centre accommodation only)
- One towel for showering
- One old towel for wet / muddy activities
- Reusable drinks bottle (not glass)
- Sun cream
- Small rucksack / bag
- Labelled bin bags for wet and dirty clothing
- Wash bag (including soap, shampoo and toothpaste)
- Pen, Pencil and Writing Paper (If required)
- Any Medication required (labelled & named)

**Please be aware that on certain activities clothing will get wet and muddy!**

**All clothing items should be named to avoid loss and should be packed in a kit bag that should also be labelled and named.**

**Lost property is kept for 3 weeks before being disposed of.**

