



CHALLENGE YOURSELF

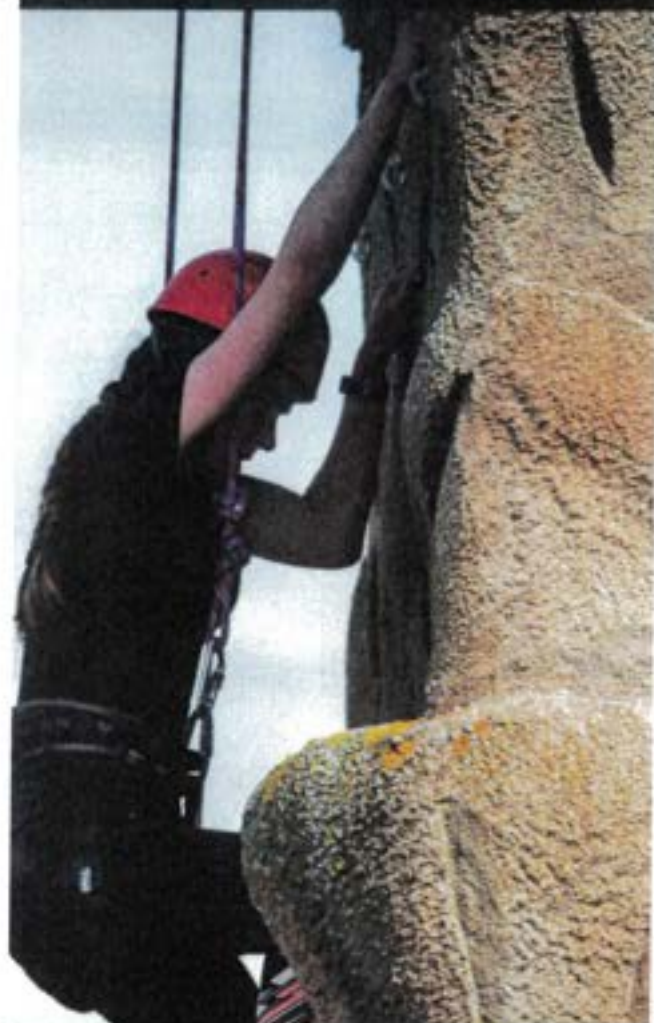
INSPIRE YOUNG
PEOPLE TO GO
FURTHER IN LIFE



BECOME A VOLUNTEER
WITH THE ARMY CADETS

ABOUT THE ARMY CADETS

THE ARMY CADETS IS ALL ABOUT FUN, FRIENDSHIP,
ACTION AND ADVENTURE




The Army Cadets is one of the UK's biggest and best youth organisations. We inspire young people to aim high, grow their abilities and go further in life, no matter what they aim to do. For young people, learning how to stand on their own two feet can be hard, but evidence shows that young people who have been in the Army Cadets tend to be more independent, confident, and able to step up to any challenge.

With over 10,000 adults and over 72,000 cadets in 1,600 locations around the UK, the Army Cadets makes a big impact on young people, parents and communities but we want to do more.

We know that many young people are missing out on the challenges and adventures that could transform their lives. That's why we need more volunteer instructors - from all over the UK - to help us to deliver the cadet experience to more young people.

We're looking for people from all walks of life who can be strong role models. Join us and you'll be teaching young people all sorts of skills from fieldcraft, physical education and adventurous training, through to music and first aid. Besides the satisfaction of seeing young people achieve what they never thought possible, you'll be learning new skills, gaining qualifications, growing in confidence, having fun and making new friends.



"I CAME IN AS A CIVILIAN ASSISTANT AND ENJOYED IT SO MUCH I'VE JUST BECOME A PROBATIONARY INSTRUCTOR AND I'M LEARNING AS I GO ALONG. I DIDN'T HAVE ANY ACF KNOWLEDGE AT ALL SO COME ON PEOPLE GIVE IT A GO!"

Sergeant Instructor Wilkinson (ACF)



WHY VOLUNTEER WITH US?

WE INSPIRE EVERYONE TO CHALLENGE THEIR LIMITS



Many young people lack structure and positive role models in their lives and you can help change this.

Volunteering with us will also give you opportunities to unlock your talents, develop your skills and join a great mix of people who share your values. You don't need to have a military background although you're welcome if you do. Architects, bakers, cleaners, yoga teachers, parents and managers – we bring people together from all walks of life.

Our volunteers find it extremely rewarding to work with young people and watch them develop the leadership skills, discipline and self-confidence they need to succeed.

Our volunteers get to know the cadets individually and they support them with a huge range of training, qualifications and challenges. They inspire young people to challenge their limits, to learn more, do more and go further in life. Cadets and adults keep telling us "It's the best thing I've ever done".

"BEST EVER MEMORIES ARE WITH LIFELONG FRIENDS OUT IN THE FIELD INSPIRING THE CADETS. BUT HAVING A DAMN GOOD TIME OURSELVES."

Sergeant Instructor Hopkins (ACF)



ADVENTUROUS TRAINING
COMMUNITY ENGAGEMENT
WEEKEND CAMPS
COMPETITIONS
DRILL
DUKE OF EDINBURGH'S AWARD
EXPEDITIONS
FIELDCRAFT
FIRST AID
INTERNATIONAL EXCHANGES
MILITARY KNOWLEDGE
MUSIC
NAVIGATION
PIPING AND DRUMMING
RADIO COMMUNICATIONS
RECOGNISED QUALIFICATIONS
SHOOTING
SKILL AT ARMS
SPORT

"I'VE BROUGHT UP THE ARMY CADETS IN EVERY JOB INTERVIEW I'VE EVER BEEN TO. IT ALWAYS GETS THE EMPLOYER INTERESTED AND HELPED GET ME MY JOBS!"

Staff Sergeant Instructor Williams (ACF)

WHAT'S IN IT FOR YOU?

YOU'LL GO FURTHER WITH THE ARMY CADETS - NO-ONE TOPS OUR CHALLENGES AND ADVENTURES

As a volunteer with us you will have an amazing range of training opportunities and become part of the wider Forces community. Working shoulder to shoulder with other like-minded people, you will make friends for life and make a real difference to young people in your community.

You will also have the opportunity to take part in, supervise and organise all sorts of activities, such as evenings at your local detachment, sports competitions, local fêtes, military parades, Duke of Edinburgh's Award expeditions and annual camps.

Volunteering with us will give you confidence and help you develop leadership and teamworking skills, which will help you move up the career ladder in your day job. When you start as a volunteer, you will embark on a detailed, progressive training programme to give you all the skills you need. You will also have opportunities to progress up our rank structure either as an Adult Instructor or Commissioned Officer.

Alongside your general training to help you instruct cadets, you can choose to attend training courses and gain qualifications in a wide range of specialist areas from mountain leadership, sports leadership and scuba diving through to music, leadership and management courses.

Working as part of a team, our young people and volunteer instructors develop and thrive by taking part in challenges and adventures together.



**"IT'S A BRILLIANT
OPPORTUNITY TO LEARN
NEW SKILLS AND BE A PART
OF SOMETHING GREAT...
I'VE NEVER LOOKED BACK
SINCE I JOINED AS A
VOLUNTEER SIX YEARS AGO.
GET UP...
GET INVOLVED...
THE YOUTH OF
TODAY NEED YOU!"**

Captain Farmer (ACF)

WHAT DO WE NEED FROM YOU?

TURN OFF THE TV, JOIN US AND HAVE AN ADVENTURE




Joining the Army Cadets offers fun, friendship, excitement, and the opportunity to learn valuable new skills to help you progress in life and in your career.

We run an induction process, designed to help us to ensure the safety of the young people in our organisation, as well as giving you and us the opportunity to assess whether it is the right time, or the right opportunity, for you to volunteer in the Army Cadets.

Our volunteers come from a variety of backgrounds, bringing different skills to the organisation. The most important thing we look for is an interest in working with young people and helping them to shape their own futures, no matter what they aim to do. Energy, enthusiasm, a 'can do' attitude and a sense of humour are all essential qualities we look for.

Being mature, responsible and patient is also important, as is the ability to work in a team and to communicate effectively. We also need people with good administrative, coaching and organisational skills. When the cadets are away at camp, it's as important to have people who deal with homesickness as those who can hike across hills or build an improvised shelter in the woods.

If you like the sound of joining us as a Cadet Force Adult Volunteer, and you are aged 18 or over, eager to learn whilst sharing your skills, willing and able to give up time on a regular basis, we would love to hear from you.


"I'VE STAYED WITH THE ARMY CADETS BECAUSE OF THE GREAT CAMERADERIE AND ALL THE ACTIVITIES, QUALIFICATIONS AND TRAINING THAT ONLY THE ARMY CADETS CAN OFFER."

"I JUST WISH I HAD BEEN INVOLVED IN THIS MANY YEARS AGO, I KNOW I COULD HAVE ACHIEVED SO MUCH MORE THAN I HAVE ALREADY."

Major Smith (ACF)



FREQUENTLY ASKED QUESTIONS

WHAT YOU NEED TO KNOW



How much time do I have to devote to the Army Cadets?

Typically, one or two evenings a week at your local detachment and occasional weekends. Help is also welcomed on the annual camps and many volunteer instructors find this one of the highlights of the Army Cadet calendar.

Is the Army Cadets part of the Army?

Army Cadet adults and cadets wear uniforms and use the same rank structure as the Army, but our link with the Army is through sponsorship. Being part of the Army Cadets doesn't mean having to join the Army.

Do I need any specific experience?

No, you receive training in everything that is required.

What training will I need to do?

When you start as a volunteer you will begin a training programme and you'll have opportunities to progress up the ranks either as an Adult Instructor or Commissioned Officer.

Will I be able to claim expenses?

Yes, as an Adult Instructor or Officer you can claim certain expenses, for attending training, annual camp or for undertaking a number of other duties.

What activities will I be involved in?

There are a wide range of activities you can be involved with. From abseiling, kayaking, first aid and sports to music, competitive shooting, fieldcraft and the Duke of Edinburgh's Award.

Can I apply to be a volunteer with the Army Cadets if I am currently serving in the Armed Forces?

We welcome applications from anyone who has served in the Army or one of the other Armed Forces. If you're still serving you may be able to join us as a 'Service Helper'. Please contact us for details.

How do I find out more about what's involved?

We have a lot more detail about what's involved in Army cadet life on our website. To find out more and for details of how to apply go to www.armycadets.com

"I AM CONSTANTLY BEING CHALLENGED AND AT THE SAME TIME CHALLENGING MYSELF! THAT'S WHAT I LIKE ABOUT CADETS, IT IS NEVER DULL OR BORING, THERE IS SOMETHING NEW TO LEARN ALL THE TIME."

Staff Sergeant Instructor Shotton (ACF)

"THE ARMY CADETS BUILDS PEOPLE TO BE THE BEST VERSION OF THEMSELVES..."

Sergeant Instructor Guring (ACF)

"I LOVE WATCHING THE CADETS JOIN AS 12 YEAR OLD YOUNGSTERS KNOWING ABSOLUTELY NOTHING ABOUT WHAT THEY ARE DOING, TO EVOLVING INTO THESE SUPER SMART, SWITCHED-ON, CONFIDENT YOUNG BEINGS."

Lieutenant Rowe (ACF)

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