

PSHE - Relationships and Sex Education (RSE)

As part of the school's Personal, Social and Health Education programme, your child will soon receive a unit of lessons on relationships, sexual health and personal safety. At the start of the school year the school delivered some "catch-up lessons" relevant to their previous year group that were delayed due to COVID and they will now be receiving lessons relevant to their current year group.

The purpose of the upcoming unit is to provide knowledge and understanding of safe and healthy relationships based on love and respect. This is to encourage the eventual development of safe and healthy relationships in later life. The unit will develop understanding and attitudes which will help pupils to form relationships in a responsible and healthy manner and to appreciate the value of stable family life, including the responsibilities of parenthood and marriage.

The lessons are based upon guidance from the PSHE Association, the new DfE RSE statutory guidance and the Church of England RSE Charter. These recommend that schools teach RSE within the context of positive and loving family relationships.

Parents do have the right to withdraw their child from certain parts of these lessons. If you have any questions or concerns or wish to consider exercising your right to withdraw your child then please contact either Mr Galanides or Mrs Gant.

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The planned list of topics are as follows:

YEAR 5	YEAR 6	YEAR 7	YEAR 8
<ul style="list-style-type: none">• Self-esteem and self-worth• Committed relationships• Personal hygiene• Growing Up – girls• Growing up – boys• Gender Identity and LGBT	<ul style="list-style-type: none">• Families, security, love and stability• Family, marriage, civil partnerships• Girls puberty• Boys puberty• Human Reproduction• Consent introduction – personal space	<ul style="list-style-type: none">• Self-esteem• Family Relationships• Falling In Love• Periods - what happens when and why• Puberty - what happens when and why• What is FGM/breast ironing and why is it dangerous	<ul style="list-style-type: none">• Emotional literacy and self-awareness• Body image general• LGBT & Diversity